Programme Timetable

8.15-9.00am Drop off

9.00-10.30am Gym fun session

10.30-11.00am Morning tea

11.00-12.30pm Activity 1

12.30-1.30pm Lunch

1.30-3.00pm Activity 2

3.00-3.30pm Afternoon tea

3.30-5.30pm Games and Gym

Time until Pick-up



- ⇒ Make sure to pack a big lunch incl morning and afternoon tea (no food that needs heating or cooking)
- ⇒ Drink Bottle
- ⇒ Clothing for active play (no zips). Warm jacket for outings.
- ⇒ Togs and Towel on swimming days
- ⇒ Please inform us of any medication

We encourage the children to dress up on theme days!

WANGANUI BOYS AND GIRLS GYM CLUB

G F Moore Drive

06 345 8670

admin@wanganuigymclub.co.nz



8th July—19th July 2019



Week 1

Superhero Dav Monday 8th July

Create Playdough Superhero's
Superhero Ninja Course
(Come as your favourite

Superhero!)

Jump, Leap and Fly

Relaxation Day Thursday 11th July

Quiet Gym Fun Games Swim@ Splash Yoga

Backwards Day Tuesday 9th July

Backwards Gymnastics
Baking Cupcake Ice Cream
Cones
Swim @ Splash

Fairy-Tale Day

Wednesday 10th July

Twist and Turn Gymnastics
TRIP TBC

Friendship Day Friday 12th July

Partner Pyramids
Life Size Paintings
The Duo Games

Week 2

<u>Colour Day</u> Tuesday 16th July

Colour Games
Bake Jelly and Marshmallow
Pinwheels
Swim@ Splash

<u>Wacky Day</u> Wednesday 17th July

Wacky Games and Races
Museum Visit

Fame Dav Friday 19th July

Airtrack Gym Fun
Andram Starlets Performance
Create Movie Scenes and Charades

<u>Pvjama Dav</u> Monday 15th July

Build a Fort Baking cookies Movie! (Come in your cosy pj's!)

Survival Day Thursday 18th July

Swing and Sway Gym Fun
Swim @ Splash
Survivor Island